

Triphala POWDER

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
1/2 lb • 227g



Triphala powder

Assists natural internal cleansing*

Gently maintains regularity*

Nourishes and rejuvenates the tissues*

Supports healthy digestion and absorption*

Triphala is recommended and used more than any other Ayurvedic herbal formulation. Popular for its unique ability to gently cleanse and detoxify the system while simultaneously replenishing and nourishing it, this traditional formula supports the proper functions of the digestive, circulatory, respiratory, and genitourinary systems. Translated as “three fruits,” it is composed of the dried fruits of amalaki, bibhitaki, and haritaki. Containing five of the six tastes (all but salty), triphala readily removes excess vata, pitta, and kapha from the body, bringing balance and proper functioning to the system. It is commonly taken as a daily supplement to help maintain balance of the doshas.*

Suggested Use: 1/4 to 1/2 teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sustainably Sourced



Fairly Traded

Banyan Botanicals was founded in 1996 with the mission to help people achieve and maintain optimal health and well-being. As an Ayurvedic lifestyle company, we specialize in products made from Ayurvedic herbs that are organically grown, sustainably sourced, fairly traded, and made in the USA. Banyan is committed to providing exceptional customer service, inspiring educational content, and the highest quality Ayurvedic herbs that are safe, pure, and effective.



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your path to
well-being

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Supplement Facts

Serv Size: 1/2 tsp

Servings: 167

Amount Per Serving

Amla fruit 1/6 tsp**
(*Amalaki*), *Emblica officinalis*+

Belleric Myrobalan fruit 1/6 tsp**
(*Bibhitaki*), *Terminalia belerica*+

Chebulic Myrobalan fruit 1/6 tsp**
(*Haritaki*), *Terminalia chebula*+

+Certified Organic

**Daily Value Not Established

Lot No. 750053-189

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Certified Organic by: QAI



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