

# Punarnavadi Guggulu POWDER

ORGANIC  
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement  
1/2 lb • 227g



## Punarnavadi Guggulu powder

Supports proper function of the urinary system\*

Supports the healthy elimination of fluids from the system\*

Detoxifying and rejuvenating formula that helps remove deep-seated kapha from the tissues\*

Punarnavadi Guggulu is a traditional Ayurvedic formula for balancing kapha in the kidneys, heart, and joints. It is a powerful detoxifying and rejuvenating combination that supports the healthy elimination of liquids and helps maintain balance of the water element within the body. Its main ingredients, punarnava, triphala, and trikatu are combined with guggulu to remove deep-seated kapha from the tissues. They also act to support the healthy circulation of the lymph and blood while promoting comfortable movement of the joints.\*

**Suggested Use:** 1/2 to 1/4 teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sustainably Sourced

Fairly Traded

**Banyan Botanicals** was founded in 1996 with the mission to help people achieve and maintain optimal health and well-being. As an Ayurvedic lifestyle company, we specialize in products made from Ayurvedic herbs that are organically grown, sustainably sourced, fairly traded, and made in the USA. Banyan is committed to providing exceptional customer service, inspiring educational content, and the highest quality Ayurvedic herbs that are safe, pure, and effective.



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### Supplement Facts

Serv Size: 1/4 tsp Servings: 432

#### Amount Per Serving

**Proprietary Blend** 1/4 tsp\*\*

**Guggul resin (Guggulu)** *Commiphora mukul\**,  
**Ginger root** *Zingiber officinale\**, **Boerhavia root**  
(*Punarnava*) *Boerhaavia diffusa\**, **Castor root**  
and **oil** *Ricinus communis\**, **Indian Jalap root**  
*Operculina turpethum\**, **Amla fruit** (*Amalaki*)  
*Embolia officinalis\**, **Long Pepper fruit** (*Pippali*)  
*Piper longum\**, **Black Pepper fruit** *Piper*  
*nigrum\**, **Ceylon Leadwort root** (*Chitrak*)  
*Plumbago zeylanica\**, **Marking-nut Tree fruit**  
*Semecarpus anacardium\**, **Belleric Myrobalan**  
**fruit** (*Bibhitaki*) *Terminalia bellerica\**, **Chebulic**  
**Myrobalan fruit** (*Haritaki*) *Terminalia chebula\**,  
**Indian Tinospora stem** (*Guduchi*) *Tinospora*  
*cordifolia\**, **Baliospermum root** *Baliospermum*  
*montanum\**

+Certified Organic

\*\*Daily Value Not Established

Other Ingredients from natural sources: silicon dioxide

Lot No. XXXXXX

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