

Musta POWDER

(*Cyperus rotundus*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
½ lb • 227g



Musta powder

Supports a regular, healthy menstrual cycle*

Promotes lower abdominal comfort*

Enkindles digestion without aggravating pitta*

Supports proper function of the liver*

Musta (*Cyperus rotundus*) is considered one of the best Ayurvedic herbs for promoting healthy, regular menstruation. It regulates both pitta and vata in the lower abdomen supporting a comfortable, natural flow. Soothing to the mind, musta helps balance the emotions in the days prior to and during menstruation. It also promotes breast comfort and helps maintain a healthy balance of fluids in the body. Musta's ability to promote lower abdominal comfort also includes the GI tract. Without aggravating pitta, it strengthens digestion, eliminates natural toxins, and supports proper function of the liver. Musta promotes healthy absorption, well-formed stools, and the metabolism of fat.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sustainably Sourced

Fairly Traded

Banyan Botanicals was founded in 1996 with the mission to help people achieve and maintain optimal health and well-being. As an Ayurvedic lifestyle company, we specialize in products made from Ayurvedic herbs that are organically grown, sustainably sourced, fairly traded, and made in the USA. Banyan is committed to providing exceptional customer service, inspiring educational content, and the highest quality Ayurvedic herbs that are safe, pure, and effective.



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your path to
well-being

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Supplement Facts

Serv Size: ½ tsp Servings: 183

Amount Per Serving

Cyperus root ½ tsp**
(Musta), *Cyperus rotundus*+

+Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

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Certified Organic by: QAI



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