

**BANYAN**<sup>®</sup>  
BOTANICALS

AYURVEDIC HERBS

# Kapha Digest™

Supports Healthy Digestion for Kapha\*



90 Tablets  
Dietary Supplement

Certified Organic

**SUGGESTED USE:** Take 1–2 tablets, once or twice daily, or as directed by your health practitioner.

## Supplement Facts

Serving Size: 2 tablets	<b>Amount</b>
Servings Per Container: 45	<b>Per Serving</b>
<b>Proprietary Blend</b>	<b>1000mg**</b>
<b>Ginger root, <i>Zingiber officinale</i>+</b>	
<b>Black Pepper fruit, <i>Piper nigrum</i>+</b>	
<b>Long Pepper fruit (Pippali), <i>Piper longum</i>+</b>	
**Daily Value not established	

Other ingredients, from natural sources: organic gum acacia, organic rice flour.

+Certified Organic

Store in a cool, dry place. Do not use if seal is broken or missing. Free of gluten, soy, and dairy. 100% vegetarian.

Kapha Digest is the classical Ayurvedic formula known as trikatu. This traditional combination of herbs enkindles the digestive fire, reduces excess kapha, and promotes healthy digestion.\*

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product. Keep out of the reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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