

Hingvastak

POWDER

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
1 lb • 454g



Hingvastak powder

Promotes healthy digestion*

Calms excess vata in the GI tract promoting intestinal calm and comfort*

Supports proper assimilation and absorption*

Helps maintain regularity*

This vata-soothing combination of herbs supports the entire digestive process and is especially useful for those with vata predominant constitutions or vata digestive imbalances. Vata is cold, light, and dry, qualities that in excess can inhibit proper digestive function and create discomfort. Hingvastak contains herbs that are heating, grounding, and oily. They effectively counter the opposing vata qualities creating balance. Hingvastak's heating quality enkindles the digestive fire, stimulates a healthy appetite, and helps ensure nutrients are properly absorbed and assimilated.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sustainably Sourced



Fairly Traded

Banyan Botanicals was founded in 1996 with the mission to help people achieve and maintain optimal health and well-being. As an Ayurvedic lifestyle company, we specialize in products made from Ayurvedic herbs that are organically grown, sustainably sourced, fairly traded, and made in the USA. Banyan is committed to providing exceptional customer service, inspiring educational content, and the highest quality Ayurvedic herbs that are safe, pure, and effective.



Illuminate
your path to
well-being

Get your free Ayurvedic Profile™ at
banyanbotanicals.com/illuminate

Supplement Facts

Serv Size: ½ tsp Servings: 329

Amount Per Serving

Proprietary Blend ½ tsp**

Cumin seed *Cuminum cyminum**, **Celery seed** (*Ajamoda*) *Apium graveolens*, **Nigella seed** *Nigella sativa**, **Black Pepper fruit** *Piper nigrum**, **Ginger root** *Zingiber officinale**, **Long Pepper fruit** (*Pippali*) *Piper longum**, **mineral salt**, **Asafoetida resin** *Ferula assa-foetida**, **Fenugreek seed** *Trigonella foenum-graecum**

*Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

Banyan Botanicals
Albuquerque, NM 87113 USA
banyanbotanicals.com | 1-800-953-6424
Certified Organic by: QAI



6 18192 07511 1

Rev. 03