

Suggested Use: Steep 1 teaspoon per one cup of hot water and strain. Drink tea once or twice daily, or as directed by your health practitioner. You may also use this product as a culinary spice.

Lot No. 627006-44
Dietary Supplement

Rev. 03



BANYAN[®]
BOTANICALS

AYURVEDIC HERBS

Fenugreek seed



NET WT 4.7 oz (133g)

Supplement Facts

Serving Size: 1 tsp

Servings Per Container: 31

Amount Per Serving

Fenugreek seed (<i>Trigonella foenum-graecum</i>) ⁺	1 tsp**
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⁺ Certified Organic

**Daily Value Not Established

Distributed by: Banyan Botanicals, Albuquerque, NM 87113
Certified Organic by: QAI

Banyan Botanicals, Albuquerque, NM 87113 USA

Certified Organic

1-800-953-6424

banyanbotanicals.com