Coriander

(Coriandrum sativum)

Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement

1/2 lb • 227q





Coriander powder

Strengthens the digestive fire without aggravating nitta*

Supports proper function of the kidneys and urinary tract*

Cools and soothes the GI tract*

Eliminates excess heat promoting menopausal comfort*

Coriander (Coriandrum sativum) is one of the best herbs for supporting digestion without aggravating pitta. It enkindles the digestive fire while simultaneously cooling and soothing the GI tract. It removes excess heat in the body making it useful in cooling pitta-related imbalances associated with menopause. It also supports proper function of the kidneys and healthy urination. The seeds combine well with cumin and fennel to make an excellent digestive tea.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



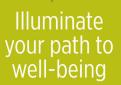






Fairly Traded

Banyan Botanicals was founded in 1996 with the mission to help people achieve and maintain optimal health and well-being. As an Ayurvedic lifestyle company, we specialize in products made from Ayurvedic herbs that are organically grown, sustainably sourced, fairly traded, and made in the USA. Banyan is committed to providing exceptional customer service, inspiring educational content, and the highest quality Ayurvedic herbs that are safe, pure, and effective.



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Supplement Facts

Serv Size: 1/2 tsp

Servings: 214

1/2 tsp**

Amount Per Serving

Coriander seed powder

+Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

Banyan Botanicals Albuquerque, NM 87113 USA banyanbotanicals.com | 1-800-953-6424 Certified Organic by: QAI

