

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

Lot No. 427073-97
Dietary Supplement



AYURVEDIC HERBS

Cardamom



NET WT 2.66 oz (75g)

Supplement Facts

Serving Size: ½ tsp
Servings Per Container: 86

Amount Per Serving

Cardamom seed (*Elettaria cardamomum*)⁺ ½ tsp**

⁺ Certified Organic
**Daily Value Not Established

Distributed by: Banyan Botanicals, Albuquerque, NM 87113
Certified Organic by: QAI