

Suggested Use: Heat 1/4 teaspoon in an oil of your choice until seeds begin to pop. Remove from heat, use as desired.

Lot No. 776027-57
Dietary Supplement



BANYAN[®]
BOTANICALS

AYURVEDIC HERBS

Brown Mustard seed



NET WT 4.0 oz (114g)

Supplement Facts

Serving Size: 1/4 tsp

Servings Per Container: 130

Amount Per Serving

Brown Mustard Seed (<i>Brassica juncea</i>) ⁺	1/4 tsp**
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⁺ Certified Organic

^{**} Daily Value Not Established

Distributed by: Banyan Botanicals, Albuquerque, NM 87113
Certified Organic by: QAI

Banyan Botanicals, Albuquerque, NM 87113 USA

Certified Organic

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