

RADIANCE®

TIME RELEASE

Mega Vita-Min

**Comprehensive
Vitamin Nutrition**

**CERTIFIED
100%
NATURAL E
d-ALPHA**
**Multivitamin and
Mineral Supplement**
**100 COATED
TABLETS**

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Vitamin A (as Retinyl Palmitate)	8,000 IU	160%
Vitamin C (as Ascorbic Acid and Rose Hips)	250 mg	417%
Vitamin D (as Cholecalciferol)	400 IU	100%
Vitamin E (as d-Alpha Tocopheryl Acetate)	125 IU	417%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	80 mg	5,333%
Riboflavin (Vitamin B-2)	80 mg	4,706%
Niacin (as Niacinamide)	80 mg	400%
Vitamin B-6 (as Pyridoxine Hydrochloride)	80 mg	4,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	80 mcg	1,333%
Biotin (as d-Biotin)	80 mcg	27%

Amount Per Serving		%Daily Value
Pantothenic Acid (as d-Calcium Pantothenate)	80 mg	800%
Calcium (as Calcium Carbonate, d-Calcium Pantothenate and Dicalcium Phosphate)	15 mg	2%
Iron (as Ferrous Gluconate)	2 mg	11%
Iodine (as Kelp)	150 mcg	100%
Magnesium (as Magnesium Oxide)	6 mg	2%
Zinc (as Zinc Gluconate)	1.4 mg	9%
Selenium (as Sodium Selenate)	25 mcg	36%
Copper (as Copper Gluconate)	0.07 mg	4%
Manganese (as Manganese Gluconate)	0.12 mg	6%
Chromium (as Chromium Picolinate)	25 mcg	21%
Molybdenum (as Sodium Molybdate)	25 mcg	33%
Potassium (as Potassium Gluconate)	1.6 mg	<1%
Choline Bitartrate	80 mg	*

Amount Per Serving		%Daily Value
Inositol	80 mg	*
PABA (Para-Aminobenzoic Acid)	80 mg	*
Rutin	30 mg	*
Citrus Bioflavonoids (<i>Citrus sinensis</i>) (fruit)	25 mg	*
Betaine Hydrochloride	25 mg	*
Hesperidin (<i>Citrus spp.</i>) (fruit)	5 mg	*
Deodorized Garlic (<i>Allium sativum</i>) (bulb)	1 mg	*
Korean Ginseng (<i>Panax ginseng</i>) (root)	1 mg	*
Boron (as Sodium Borate)	0.5 mg	*
Coenzyme Q-10	500 mcg	*
Pycnogenol® (<i>Pinus pinaster</i>) (Maritime Pine Bark Extract)	500 mcg	*
Proprietary Blend	4 mg	*
Contains: Alfalfa Leaf (<i>Medicago sativa</i>), Watercress (<i>Nasturtium officinale</i>) (plant), Parsley (<i>Petroselinum crispum</i>) (leaf), Rice Bran and Soy Lecithin		

*Daily Value not established.

Other Ingredients: Hypromellose, Calcium Silicate, Silica, Cellulose (Plant Origin), Vegetable Magnesium Stearate, Mannitol, Gelatin, Starch, Cellulose Coating, Maltodextrin.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Pycnogenol® is a registered trademark of Horphag Research Ltd. Use of this product is protected by one or more of U.S. patents #5,720,956 / #6,372,266 and other international patents.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal. This formula provides the benefits of its ingredients over a prolonged period of time. As a reminder, discuss the supplements and medications you take with your health care providers.

STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

**ACTUAL
SIZE**

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Good
Manufacturing
Practices
GMP

