

Bibhitaki

POWDER

(*Terminalia belerica*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
½ lb • 227g



Bibhitaki powder

Supports proper function of the lungs and clear, comfortable breathing*

Promotes healthy elimination*

Promotes healthy vision, voice, and hair*

Maintains proper function of the heart, liver, and kidneys*

One of the three ingredients in the most widely used Ayurvedic formula Triphala, bibhitaki (*Terminalia belerica*) is one of the best herbs for detoxifying and rejuvenating kapha. As such, it is used in all types of kapha imbalances and is especially helpful in supporting the organs and tissues where kapha tends to accumulate. These include the lungs, liver, and urinary tract as well as the sinuses, ears, eyes, and throat. Bibhitaki also helps maintain balanced body fluid levels while toning and cleansing the colon.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sustainably Sourced

Fairly Traded

Banyan Botanicals was founded in 1996 with the mission to help people achieve and maintain optimal health and well-being. As an Ayurvedic lifestyle company, we specialize in products made from Ayurvedic herbs that are organically grown, sustainably sourced, fairly traded, and made in the USA. Banyan is committed to providing exceptional customer service, inspiring educational content, and the highest quality Ayurvedic herbs that are safe, pure, and effective.



Illuminate
your path to
well-being

Get your free Ayurvedic Profile™ at
banyanbotanicals.com/illuminate

Supplement Facts

Serv Size: ½ tsp Servings: 177

Amount Per Serving

Belleric Myrobalan fruit (Bibhitaki), *Terminalia belerica** ½ tsp**

+Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

Banyan Botanicals
Albuquerque, NM 87113 USA
banyanbotanicals.com | 1-800-953-6424
Certified Organic by: QAI



6 18192 06842 7

Rev. 03