

# Bhumyamalaki

## POWDER

(*Phyllanthus spp.*)

ORGANIC  
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement

½ lb • 227g



## Bhumyamalaki powder

Supports proper function of the liver\*

Cleanses the gall bladder\*

Promotes healthy skin\*

Cools and soothes the digestive tract\*

Bhumyamalaki (*Phyllanthus spp.*) is the classic Ayurvedic herb for the liver. It is very bitter in taste and has an action that is cooling, soothing, and cleansing. With its special affinity for the liver, bhumyamalaki acts to cleanse, detoxify, and strengthen this essential organ. It also supports proper function of the gall bladder and promotes healthy skin. An excellent herb for both pitta and kapha, bhumyamalaki is useful for those with constitutions that would benefit from its dry and light qualities.\*

**Suggested Use:** ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

**Not to be used during pregnancy.** If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sustainably Sourced

Fairly Traded

**Banyan Botanicals** was founded in 1996 with the mission to help people achieve and maintain optimal health and well-being. As an Ayurvedic lifestyle company, we specialize in products made from Ayurvedic herbs that are organically grown, sustainably sourced, fairly traded, and made in the USA. Banyan is committed to providing exceptional customer service, inspiring educational content, and the highest quality Ayurvedic herbs that are safe, pure, and effective.

Rev. 04



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### Supplement Facts

Serv Size: ½ tsp

Servings: 223

#### Amount Per Serving

**Phyllanthus Amarum herb**  
(Bhumyamalaki), *Phyllanthus spp.*\* ½ tsp\*\*

+Certified Organic

\*\*Daily Value Not Established

Lot No. 422538-56

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