

Ashoka POWDER

(*Saraca indica*)

ORGANIC
Ayurvedic Herbs

SUPPORTING YOUR AYURVEDIC LIFESTYLE

Dietary Supplement
½ lb • 227g



Ashoka powder

Strengthens and tones the uterus*

Promotes regular menstruation*

Supports a healthy, comfortable monthly flow*

Promotes healthy ovarian and endometrial tissue*

Ashoka (*Saraca indica*) is Ayurvedic medicine's foremost uterine tonic and has many traditional uses that help support a healthy female reproductive system. Its name literally means "remover of sorrow," attesting to its ability to promote health and healing. It is useful for supporting a regular monthly cycle and for promoting a normal, healthy menstrual flow. Ashoka soothes the nerves and promotes uterine comfort while helping to promote healthy ovarian and endometrial tissue.*

Suggested Use: ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Sustainably Sourced

Fairly Traded

Banyan Botanicals was founded in 1996 with the mission to help people achieve and maintain optimal health and well-being. As an Ayurvedic lifestyle company, we specialize in products made from Ayurvedic herbs that are organically grown, sustainably sourced, fairly traded, and made in the USA. Banyan is committed to providing exceptional customer service, inspiring educational content, and the highest quality Ayurvedic herbs that are safe, pure, and effective.

Rev. 02



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your path to
well-being

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Supplement Facts

Serv Size: ½ tsp

Servings: 185

Amount Per Serving

Ashoka Tree bark ½ tsp**
(Ashoka), *Saraca indica**

*Certified Organic

**Daily Value Not Established

Lot No. XXXXXX

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Certified Organic by: QAI



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