

DIRECTIONS: FOR ADULTS, TAKE TWO (2) SOFTGELS TWICE DAILY, PREFERABLY WITH MEALS. It is important to check with your health care practitioner before beginning any diet and exercise program. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%**
Tonalin® CLA (from Safflower Oil) 2,000 mg (2 g) ***		
Contains: 78-84% Conjugated Linoleic Acid (CLA)		

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Natural Caramel Color.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Use as part of a reduced-calorie diet and daily exercise program.

Sundown
Naturals

Tonalin®

1000 MG CLA

**Helps Support Dieting Goals and
a Healthy Body Composition***
Toning Formula*



60 SOFTGELS

DIETARY SUPPLEMENT

**Smart
Facts**

**Conjugated Linoleic Acid helps support
your dieting goals and a healthy body
composition.***

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

**KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM
TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT:
DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

Tonalin® CLA is an exclusively licensed product of BASF Personal Care and Nutrition GmbH.

Questions? Call toll free 1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com



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