

Directions: As a dietary supplement for adults, take one (1) vegetarian capsule once or twice daily, preferably with a meal, or as directed by a physician.

Healthy Origins® European Iodine is a premium sourced Iodine which can be added to your daily supplement regimen for long-term use. Iodine is an essential trace mineral that is not manufactured by the body, so it must be acquired through food or supplementation. Iodine is needed to make thyroid hormones thyroxine (T4) and triiodothyronine (T3), which help support healthy metabolism.*

Caution: Consult a physician before use if you are pregnant, nursing, taking medication or have a medical condition.

Healthy Origins® European Iodine is encapsulated and packaged in the USA using Potassium Iodide (Iodine source) made in Germany.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Healthy Origins®

— SINCE 1996 —

EUROPEAN

IODINE

Supports healthy
thyroid function*



150 MCG • 240 VEGGIE CAPS DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetarian Capsule

Servings per Container: 240

	Amount per Serving	% Daily Value
Iodine (from Potassium Iodide)	150 mcg	100%

Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Microcrystalline Cellulose, Vegetarian Capsule (Hypromellose), Silica, Magnesium Stearate.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, peanut or tree nut derived ingredients. No preservatives, artificial colors, or artificial flavors.

Manufactured in a cGMP facility.

Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN

Distributed by: Healthy Origins®

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