

Directions: As a dietary supplement for adults, take one (1) vegetarian capsule once or twice daily with a meal, or as directed by a physician.

Healthy Origins® Citicoline CDP-Choline with Cognizin® is a supplement that supports healthy cognitive function and sustains healthy brain cell membranes.*

Cognizin® is manufactured using a patented fermentation process which is derived from vegan, Non-GMO materials.

Store in a cool, dry place. **KEEP OUT OF REACH OF CHILDREN**

Cognizin® is a registered trademark of Kyowa Hakko Bio Co., Ltd.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



Healthy Origins®

— SINCE 1996 —

NEW LOOK

CITICOLINE CDP-CHOLINE

Supports healthy
cognitive function*

Cognizin®

250 MG • 30 VEGGIE CAPS DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Veggie Capsule

Servings per Container: 30

	Amount per Serving	% Daily Value
Citicoline (cytidine-5'-diphosphocholine)	250 mg	†

†Daily Value not established

Other Ingredients: Vegetarian Capsule (HPMC, Water), Microcrystalline Cellulose, Magnesium Stearate (Vegetarian), Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, peanut or tree nut derived ingredients.

Manufactured in a cGMP facility.

NON
GMO

3rd
PARTY
TESTED

SUITABLE FOR
Vegans

Caution: Consult a physician before use if you are pregnant, nursing, taking medication or have a medical condition.

Distributed by: Healthy Origins®
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