

Directions: As a dietary supplement for adults, take one (1) vegetarian capsule once or twice daily, preferably with a meal, or as directed by a physician.

Scientists discovered the importance of alpha lipoic acid in the 1950s and recognized it as an antioxidant in the 1980s. Alpha lipoic acid is found naturally inside every cell in the body. In the cell, its primary responsibility is to assist in the conversion of glucose to energy.*

Alpha lipoic acid also helps to neutralize free radicals, recycle antioxidants such as Vitamin C and Vitamin E, and support the formation of glutathione in the body.*

Caution: Consult a physician before use if you are pregnant, nursing, taking medication or have a medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



REV 001

Healthy Origins

— SINCE 1996 —

NEW LOOK

ALPHA LIPOIC ACID

Supports healthy glucose metabolism*



100 MG • 120 VEGGIE CAPS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Veggie Capsule

Servings per Container: 120

	Amount per Serving	% Daily Value
Alpha Lipoic Acid	100 mg	†

†Daily Value not established

Other Ingredients: Microcrystalline Cellulose, Vegetarian Capsule (Hypromellose, Water), Silicon Dioxide, Magnesium Stearate.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, peanut or tree nut derived ingredients. No preservatives, artificial colors or artificial flavors.

Manufactured in a cGMP facility.

Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN

Distributed by: Healthy Origins®

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