

Solgar® Vegan Vitamin D3 is made from lichen, a natural source of vegan D3. Vitamin D supports your immune health.\* Vitamin D aids in the absorption of Calcium, helping to form and maintain healthy bones.\* This plant-based alternative is a perfect complement for a vegan lifestyle.

Solgar's KOF-K certification # K-1250

**Carefully Manufactured for:**  
Solgar, Inc., 500 Willow Tree Road  
Leonia, NJ 07605 U.S.A.

For more information, call toll-free  
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# VEGAN VITAMIN D 3 25 mcg / 1,000 IU



Non-GMO  
GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGANS



120 VEGAN SOFTGELS

VITAMIN SUPPLEMENT

## Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%DV
Vitamin D3 25 mcg (1,000 IU) (as cholecalciferol from lichen)	125%

DV = Daily Value

Other Ingredients: Sunflower Seed Oil, Tapioca Starch, Vegetable Glycerin, Maltitol.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor and Color.**

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) vegan softgel daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

