

TRIO NUTRITION'S MAGNESIUM COMPLEX is proprietary combination of Magnesium Glycinate and Magnesium Oxide with added Vitamin B6 which is essential for magnesium absorption.*

TRIO NUTRITION'S MAGNESIUM COMPLEX may help support normal muscle function and relaxation, calmness, bone, digestion and the heart.*

TRIO NUTRITION'S MAGNESIUM COMPLEX is manufactured in an FDA-registered facility under the highest GMP standards.

CAUTION: Keep out of reach of children. For adult 18 years and older only. This product must not be used by pregnant or nursing mothers. Do not use if safety seal is broken or missing. Do not exceed the recommended dosage. You should always consult a physician prior to using this or any other dietary supplement.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



TRIO NUTRITION®
MIND • BODY • SPIRIT

P R E M I U M
MAGNESIUM
C O M P L E X

With Magnesium Glycinate

12 24.305
Mg
magnesium

SUGGESTED USE: Take two capsules daily with a meal or glass of water, as directed by your healthcare provider.

Supplement Facts

Serving Size: 2 Vegetable Capsules

Servings Per Container: 90

	Amount Per Serving	% DV
Vitamin B6 (as Pyridoxal-5-Phosphate)	2 mg	118%
Magnesium (from Magnesium Oxide and Magnesium Glycinate)	420 mg	100%

Other Ingredients: Vegetable capsule and silica.

Contains: No Milk, No Eggs, No Fish, No Crustacean Shellfish, No Tree Nuts, No Peanuts, No Wheat and No Soybean.

Manufactured for Trio Nutrition, LLC CA, 92677 (Rev 8)

180 VEGETABLE CAPSULES | 90 DAY SUPPLY
DIETARY SUPPLEMENT