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Manufactured by:  
**Douglas Laboratories**  
600 Boyce Road  
Pittsburgh, PA 15205  
[www.douglaslabs.com](http://www.douglaslabs.com)  
1.800.245.4440

This product contains NO yeast, wheat, gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

**Suggested Usage:** As a dietary supplement, adults take 1 capsule daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.  
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity)  
Tamper resistant package, do not use if outer seal is missing.

Formula #7670

# Ayur- Ashwagandha

A Dietary Supplement



60 Capsules

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60

| Amount Per Serving                                                               | %DV |
|----------------------------------------------------------------------------------|-----|
| Ashwagandha (root) ..... 300 mg                                                  | *   |
| ( <i>Withania somnifera</i> ) (standardized to 7% Withanolides and 1% Alkaloids) |     |

\*Daily Value not established.

Other ingredients: Cellulose, gelatin (capsule) and vegetable stearate.