

INGREDIENTS: Whey Protein Isolate, Natural Flavors, Sunflower Lecithin, Cinnamon, Sucralose, Sea Salt

CONTAINS: Milk

DIRECTIONS FOR SHAKE:

For best taste, mix 1 scoop with 8 oz. of cold milk or water.



Manufactured By:
NORTHBOUND NUTRITION
Granbury, TX 76048
www.northboundnutrition.com

Nutrition Facts

12 servings per container	
Serving size	1 Scoop (24.5g)
Amount Per Serving	
Calories	100
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 15mg	5%
Sodium 150mg	7%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars < 1g	
Includes 0g Added Sugars	0%
Sugar Alcohol 0g	
Protein 20g	40%
Vitamin D 0mcg	0%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 120mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



WAVES OF WHEY
PROTEIN

CINNAMON
Frosting
NATURAL FLAVORS

NET WT 10.37 oz (294 g)



PERFECT FOR:

SEE WWW.NORTHBOUNDNUTRITION.COM FOR RECIPES & TIPS



POST
WORKOUT†



POST
ACTIVITY†



BAKING &
COOKING†



HEALTHY
SNACK†



PRE-BED
DRINK†



HEALTHY
SMOOTHIE†

20g
protein
Per Scoop

100
calories
per serving

**GLUTEN
FREE**

*100%
Whey*

Product amount based on weight, not volume. Some settling may occur. To ensure proper mixture, shake well before use. Store in a cool, dry place.

NOTICE: This product is for use as a food supplement. Not for weight reduction. Use as discussed with your physician.

WARNING: Consult a doctor before starting any diet program if you are under 18, are taking medications or have any health problems. Do not use this product as sole source of nutrition. Consult your physician about product use if you are pregnant or breastfeeding.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to cure, treat, or prevent any disease.



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