

SLEEP

NATURAL SLEEP AID*

SUPPORTS SLEEP QUALITY + POSITIVE MOOD*

 DIETARY SUPPLEMENT

 **OUTWORK**
NUTRITION®

60 VEGGIE CAPSULES

Supplement Facts

Servings Size: 2 Capsules

Servings Per Container: 30

	Amount per Serving	% DV
L-Theanine	200 mg	†
affron® (Saffron Extract)	28 mg	†
Melatonin	2 mg	†

† %Daily Value (DV) not established.

Other Ingredients: Cellulose (Vegetarian Capsules), Organic Rice Concentrate.

Directions: As a dietary supplement, take up to 2 capsules 30-60 minutes before bed.

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