



SUPPLEMENT PRODUCT WARNING



Do not use if pregnant, nursing, or under the age of 18. This product is only intended to be consumed by healthy individuals. Do not consume this product if you have a medical condition or are taking any medications. Do not exceed recommended serving. Consult with your physician before starting any dietary supplement or exercise program. **KEEP OUT OF REACH OF CHILDREN.**

THIS PRODUCT CONTAINS CAFFEINE. May not be appropriate for caffeine sensitive individuals. Do not consume with any other stimulants. Assess your tolerance by taking half serving (1 scoop) and, if well tolerated, gradually increase to full serving (2 scoops).

Store in a cool, dry place. **Do not eat** freshness packet; keep in bottle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

OUTWORKNUTRITION.COM

OUTWORK
NUTRITION™

PRE-WORKOUT



TROPICAL CANDY

NATURALLY & ARTIFICIALLY FLAVORED

6G CITRULLINE / 3.2G BETA-ALANINE / 300MG CAFFEINE



DIETARY SUPPLEMENT

SUPPORTS ENERGY, FOCUS, STAMINA, AND PUMP*

20 SERVINGS 226G (.49 LBS)

Outwork Nutrition™ isn't about hype. *We don't need it.* Our focus is on what we do best: delivering science-based supplements that are effective so you can train harder, recover better, and improve faster. Leave the gimmicks and marketing hype to everyone else, *leave the science to us.*



RESEARCH BASED
INGREDIENTS

6G CITRULLINE

3.2G BETA-ALANINE

300MG CAFFEINE

Supplement Facts

Servings Size: 2 Scoops (11.3g)
Servings Per Container: 20 (40 scoops)

	Amount per Serving	% Daily Value
Citrulline Malate	6000 mg	†
CarnoSyn® Beta-Alanine	3200 mg	†
Caffeine Anhydrous	300 mg	†
Rhodiola Extract (<i>Rhodiola rosea</i>) (root)	300 mg	†
L-DOPA (from <i>Mucuna pruriens</i>) (seed)	150 mg	†

† Daily Value not established.

Other Ingredients: Natural and Artificial Flavors, Citric Acid, Silicon Dioxide, Calcium Silicate, Sucralose, Malic Acid, Acesulfame Potassium.

Manufactured in a facility that also processes milk, soy, peanut, shellfish and wheat products.

Directions: As a dietary supplement, mix two (2) scoops with 8-12oz of water. New users should assess tolerance with one (1) scoop. Consume 30 minutes before training.



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