

**SUGGESTED USE:** Adults take 2 veggie softgels daily with food, or as recommended by a qualified healthcare professional.

**QUALITY MATTERS:**



- ✓ Non-GMO Tested
- ✓ Gluten-Free
- ✓ Third Party Tested
- ✓ cGMP Compliant

**CAUTION: KEEP OUT OF REACH OF CHILDREN AND PETS.** Consult with a qualified healthcare professional prior to using this product, especially if you are pregnant, nursing, have a diagnosed medical condition, are taking a prescription medication (e.g., blood thinners), or are planning a surgical procedure. Do not exceed recommended daily intake. Do not use if safety seal is damaged or missing. Store at room temperature, in a dry place. Protect product from excessive heat, freezing, humidity and light.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



LI035-V1-0123

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# VEGAN OMEGA-3

Algae Oil

**770MG OMEGA-3 PER SERVING**  
**PROVIDING 630MG DHA + EPA**  
**VEGAN | GLUTEN-FREE | NON-GMO**

**60 Veggie Softgels | Dietary Supplement**

# Supplement Facts

Serving Size: 2 Veggie Softgels

Servings Per Container: 30

|                                                                            | Amount Per Serving | % DV |
|----------------------------------------------------------------------------|--------------------|------|
| Calories                                                                   | 15                 |      |
| Total Fat                                                                  | 1.5 g              | 2%** |
| Vegan Algal Oil Concentrate<br>( <i>Schizochytrium</i> sp.) (life's*OMEGA) | 1400 mg            | †    |
| Total Omega-3 Fatty Acids                                                  | 770 mg             | †    |
| DHA (Docosahexaenoic Acid)                                                 | 420 mg             | †    |
| EPA (Eicosapentaenoic Acid)                                                | 210 mg             | †    |
| Other Omega-3 Fatty Acids                                                  | 140 mg             | †    |

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

**OTHER INGREDIENTS:** Plantgel™ capsule (non-GMO modified tapioca starch, vegetable glycerin, purified water), sunflower seed oil, rosemary extract, tocopherols, ascorbyl palmitate.