

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

Take 1 capsule daily 30 minutes before bedtime
or as directed by your healthcare professional.

Warning

If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT,
RYE, BARLEY)[†], MILK/DAIRY (CASEIN, WHEY)[†], SOY
PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net



Valerian Root
625mg

DIETARY SUPPLEMENT
60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 vegetarian capsule
Servings Per Container: 60

	Amount Per Serving
Valerian Root <small>(as from extract of <i>valeriana officinalis</i> s tandardized to 0.8% of valerenic acids)</small>	625mg*
* Daily Value not established	

Other Ingredients: Vegetable Cellulose
Capsule, Cellulose, Ascorbyl Palmitate,
Silica.

manufactured by
VITAL NUTRIENTS
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