

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT



Recommendations

Take 2 capsules 1 to 2 times daily,
or as directed by your healthcare
professional.

Warning

If pregnant, consult your physician
before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN
(WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN,
WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†],
SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net



Tyrosine and B Vitamins

DIETARY SUPPLEMENT
100 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 2 vegetarian capsules
Servings Per Container: 50

	Amount Per Serving	%DV
Thiamin (as thiamine HCl)	12mg	1000%
Niacin (as niacinamide)	50NE	332%
Riboflavin (vitamin B2)	10mg	769%
Vitamin B6 (as pyridoxine HCl)	12mg	706%
Folate (as L-5-MTHF)	50mcg DFE	21%
Vitamin B12 (as methylcobalamin)	100mcg	4167%
Biotin	100mcg	333%
Pantothenic Acid (as calcium pantothenate)	20mg	400%
Tyrosine	800mg	*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule,
Calcium Carbonate, Silica, and Leucine.

manufactured by
VITAL NUTRIENTS
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