

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations: 1-3 capsules 15-30 minutes before bed, or as directed by your healthcare professional.

Warning: If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are independently tested by U.S. labs.
Learn more at vitalnutrients.net

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA


VITAL
NUTRIENTS

Sleep Aide¹

DIETARY SUPPLEMENT
60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 3 vegetarian capsules
Servings Per Container: 20

	Amount Per Serving
Passion Flower Extract (<i>Passiflora incarnata</i> L.) (Standardized to 3.5% Flavonoids)	450mg*
Lemon Balm Leaf Extract (<i>Melissae officinalis</i> L.) (Standardized to 4.0% Rosmarinic acid)	300mg*
Hops Strobile Dry Extract	300mg*
California Poppy Extract (<i>Eschscholzia californica</i> cham.) (Standardized to 0.6-1.2% Alkaloids)	225mg*
Valerian Root Extract (<i>Valeriana officianalis</i>)	225mg*
L-Theanine	150mg*
Lavender Flowering Tops Essential Oil (<i>Lavandula angustifolia</i>)	60mg*
Melatonin	0.75mg*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule, Silica, and Calcium Carbonate.