

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

Take 2 capsules daily, or as
directed by your healthcare professional.

Warning

If pregnant, consult your physician
before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN
(WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN,
WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net



PMS Support¹

DIETARY SUPPLEMENT
60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 2 vegetarian capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin B6 (as pyridoxine HCl)	50mg	2941%
Chaste Tree Berry Extract (Vitex agnus-castus) (standardized to 0.5% Agnuside)	300mg	*
Wild Yam Root Extract (Dioscorea villosa L.) (standardized to 10% Diogenine)	250mg	*
Dong Quai Extract (Angelica sinensis (Oliv.) Diels) (standardized to 1% Ligustilide)	250mg	*
Bupleurum Extract (Bupleurum falcatum)	150mg	*
Passion Flower Extract (Passiflora incarnata L.) (standardized to 3.5% Flavonoids (Vitexan))		

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule, Leucine,
Silica, and Magnesium Citrate.

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA



¹These statements have not been evaluated by the
Food and Drug Administration. This product is not
intended to diagnose, treat, cure or prevent any
disease.