

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN  
USE ONLY IF SAFETY SEAL IS INTACT

### Recommendations

Take 2-3 capsules 2-3 times daily with food, or  
as directed by your healthcare professional.

### Warning

If you take Coumadin® (warfarin) or other  
prescription blood thinners or are pregnant or  
nursing, consult your physician before taking.

**EXCLUDES** COATINGS, BINDERS, GLUTEN (WHEAT,  
RYE, BARLEY)<sup>†</sup>, MILK/DAIRY (CASEIN, WHEY)<sup>†</sup>, SOY  
PROTEIN<sup>†</sup>, EGG PROTEIN<sup>†</sup>, SUGAR.

<sup>†</sup>VERIFIED BY INDEPENDENT TESTING



Albion® Minerals is a trademark  
of Albion Laboratories, Inc.

Raw materials and finished products are  
independently tested by U.S. labs.  
Learn more at [vitalnutrients.net](http://vitalnutrients.net)

<sup>†</sup>These statements have not been evaluated by the Food  
and Drug Administration. This product is not intended  
to diagnose, treat, cure or prevent any disease.



# VITAL NUTRIENTS

## Osteo-Nutrients<sup>1</sup> (with Vitamin K2-7)

**DIETARY SUPPLEMENT**  
**180 VEGETARIAN CAPSULES**

## Supplement Facts

Serving Size: 3 vegetarian capsules  
Servings Per Container: 60

|                                                         | Amount<br>Per Serving | %DV       |
|---------------------------------------------------------|-----------------------|-----------|
| Vitamin D3 (as cholecalciferol)                         | 400IU                 | 10mcg 50% |
| Vitamin K2-7 (as menaquinone 7)                         | 25mcg                 | 21%       |
| Calcium                                                 | 600mg                 | 46%       |
| (70% as dicalcium malate &<br>30% as calcium carbonate) |                       |           |
| Magnesium                                               | 200mg                 | 48%       |
| (70% as dimagnesium malate &<br>30% as magnesium oxide) |                       |           |
| Lysine HCl                                              | 50mg                  | *         |
| Horsetail Aerial Part Powder                            | 50mg                  | *         |
| * Daily Value not established                           |                       |           |

Other Ingredients: Vegetable Cellulose Capsule,  
Magnesium Silicate, and Ascorbyl Palmitate.

manufactured by  
**VITAL NUTRIENTS**  
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