

Suggested Usage: Add 1 scoop per day to 8-12 oz of water or your favorite beverage and shake or blend well.

OMEGA-3, SUPERFOODS, VITAMINS & MINERALS

CONTAINS ENZYMES & 5 PROBIOTIC STRAINS

22 GRAMS OF COMPLETE PROTEIN

OVER 8.5 GRAMS OF ESSENTIAL AMINO ACIDS

FREE FROM SOY & GLUTEN

This product is packaged by weight, not volume. Like many powdered food/supplement products the size of this container does not necessarily depict the actual amount of product within. Unavoidable and sometimes significant product settling may occur during shipping and handling.

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NUTRITION

VEGGIE MEAL REPLACEMENT



VANILLA BEAN FLAVORED

NET WT 48 OZ (3 LB) 1,361 G

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

Nutrition Facts

28 servings per container
Serving size 1 Scoop (48 g)

Amount per serving
Calories 190

% Daily Value*

Total Fat 4 g	8%
Saturated Fat 0.5 g	1%
Polyunsaturated Fat 2 g	4%
Monounsaturated Fat 1 g	2%
Trans Fat 0 g	0%
Cholesterol 0 mg	0%
Sodium 250 mg	11%
Total Carbohydrate 16 g	6%
Dietary Fiber 5 g	18%
Total Sugars less than 1 g	0%
Includes 0g Added Sugar	0%

Protein 22 g

Vitamin A (as retinyl acetate) 300 mcg RAE	35%
Vitamin C (as ascorbic acid) 12 mg	15%
Vitamin D2 (as ergocalciferol) 2 mcg (80 IU)	10%
Vitamin E (as dl-alpha-tocopherol acetate) 5.4 mcg	35%
Thiamin (as thiamin mononitrate) 0.3 mg	25%
Riboflavin 0.3 mg	25%
Niacin (as niacinamide) 8 mg	50%
Vitamin B6 (as pyridoxine hydrochloride) 0.4 mg	25%
Folate 135 mcg DFE (80 mcg folic acid)	35%
Vitamin B12 (as cyanocobalamin) 1.2 mcg	50%
Biotin 60 mcg	200%
Pantothenic acid (as calcium d-pantothenate) 2 mg	40%
Calcium (as dicalcium phosphate) 280 mg	20%
Iron (as reduced iron) 9.2 mg	50%
Phosphorus (as dicalcium phosphate) 200 mg	15%
Iodine (as potassium iodide) 30 mcg	20%
Magnesium (as magnesium oxide) 80 mg	20%
Zinc (as zinc oxide) 3 mg	25%
Copper (as copper gluconate) 0.4 mg	45%
Potassium 90 mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Typical Amino Acid Profile Per 48 g Scoop

Alanine	980 mg
Arginine	1810 mg
Aspartic Acid	2400 mg
Cysteine	330 mg
Glutamic Acid	3840 mg
Glycine	860 mg
Histidine	530 mg
Isoleucine	1130 mg
Leucine	1880 mg
Lysine	1500 mg
Methionine	320 mg
Phenylalanine	1110 mg
Proline	1050 mg
Serine	1130 mg
Threonine	860 mg
Tryptophan	250 mg
Tyrosine	830 mg
Valine	1190 mg

Ingredients: Pea Protein Isolate, Organic Brown Rice Protein Concentrate, Flax Seed Powder, Natural Vanilla Bean Flavor, Sprouted Black Rice Powder, VitaFiber (isomaltoligosaccharide), Vitamin & Mineral Blend, Rice Flour, Stevia Leaf Extract, Gum Blend (Konjac Gum, Guar Gum, and Tara Gum), Pure Ocean® Sea Salt, Omega-3 Algae Powder, Trehalose, Monk Fruit Extract, Fruit & Veggie Blend (Grape Seed & Skin Extract, Blueberry Fruit Extract, Raspberry Fruit Powder, Cranberry Fruit Powder, Prune Fruit Powder, Cherry Fruit Powder, Bilberry Fruit Extract, Strawberry Fruit Powder, Broccoli Flower Extract, Spinach Leaf Powder, Tomato Fruit Powder, Carrot Root Powder, and Onion Bulb Powder), Digest-ALL® Enzyme Blend (Alpha Galactosidase, Protease 4.5, Protease 6.0, Peptidase and Bromelain), and Probiotic Blend (Bifidobacterium breve, Bifidobacterium animalis subsp. lactis, Lactobacillus acidophilus, Lactobacillus plantarum, and Lactobacillus rhamnosus).

Contains no added milk, egg, soy, peanut, tree nut, fish, shellfish, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that processes other products that contain milk or egg.

Manufactured for MRM®
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