

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

Take 1 rounded teaspoon up to 3 times daily, or as directed by your healthcare professional. Mix powder into 8 to 10 ounces of your favorite beverage. If starting use of a fiber supplement for the first time, take 1 teaspoon per day for the first 3 days and then increase to 2 per day for the next 5 days and then 3 per day.

Warning

If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Pectasol-C® Brand MCP

Inner seal may lift off when cap is removed.
Seal integrity is maintained until cap is removed.

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net


VITAL
NUTRIENTS

MCP
(Modified Citrus Pectin)

DIETARY SUPPLEMENT
360 GRAMS/12.7 OZ

Supplement Facts

Serving Size: 1 rounded teaspoon (5 grams)

Servings Per Container: 72

	Amount Per Serving	%DV
Total Carbohydrates	4g	1%†
Dietary Fiber	3g	11%†
Sodium	180mg	8%
Potassium	420mg	9%
Modified Citrus Pectin (Extracted from oranges, grapefruits, and lemons)	5g	*

† Percent Daily Value based on a 2000 calorie diet

* Daily Value not established

manufactured by
VITAL NUTRIENTS
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