

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations: Take 1 capsule with a meal and as directed by your healthcare professional.

Warning: Not to be taken by pregnant or lactating women. not to be taken with prescription medications unless advised by a healthcare professional. Individuals with clinically diagnosed mood disorders must be closely monitored by a health professional if taking this supplement. It is recommended that individuals using this product be monitored regularly for kidney function. Do not exceed recommended dose by your healthcare practitioner.

EXCLUDES COATINGS, BINDERS, GLUTEN (WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING



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Lithium
(orotate)
20mg

DIETARY SUPPLEMENT
90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 vegetarian capsule
Servings Per Container: 90

	Amount Per Serving
Lithium (orotate)	20mg*
* Daily Value not established	

Other Ingredients: Vegetable Cellulose Capsule, Cellulose, Calcium Carbonate, and Ascorbyl Palmitate.

Raw materials and finished products are independently tested by U.S. labs.
Learn more at vitalnutrients.net

manufactured by
VITAL NUTRIENTS
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