



Directions: Add 1 serving to water, juices, smoothies, and other recipes.

Nutrition Facts

40 servings per container
Serving size 1 tbsp (6g)

Amount Per Serving
Calories 20
%Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	5g	2%
Dietary Fiber	3g	9%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	0g	
Vitamin D	0mcg	0%
Calcium	19mg	1%
Iron	0.1mg	1%
Potassium	133mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Organic Baobab Fruit Powder.

UNTOUCHED nature mesmerizes me how it lives in harmony within itself; plants, animals and microorganisms, all intertwined in a sometimes chaotic yet cyclical unity. This perspective shaped my childhood and evolved into a quest for knowledge of ethnobotany (study of the relationships between peoples and plants). I'm humbled that this exploration allowed me to build a line of natural health products.

At MRM, we are inspired by nature and utilize science as a tool to learn, incorporate, support and educate what the natural world has to offer.

Respectfully, these Superfoods are the foods our ancestors thrived on, not today's foods we survive on.

Many Thanks,

Mark Olson
Founder of MRM



WHAT IS BAOBAB?

NAME:	Baobab, <i>Adansonia digitata</i> , aka "Upside Down Tree", "Monkey Bread Tree", "Tree of Life"
COUNTRY OF ORIGIN:	South Africa
CLIMATE:	Tropics and sub-tropics
PLANT PART USED:	Fruit
NUTRIENTS:	Antioxidants, Fiber, Potassium, Calcium, Magnesium, Vitamin C
ETHNOBOTANY:	Nutrient dense whole food complex. Africans use all parts of the Tree for medicine, food, rope and clothing.

RECOMMENDED USES

USE 1 SERVING PER DAY.



SMOOTHIES



YOGURT/CEREAL



BEVERAGES



BAKING

DOES NOT CONTAIN

- Gluten.
- Preservatives.
- Refined Sugar.
- Sugar Alcohols.
- Animal Products.
- Fillers or Additives.
- Artificial Ingredients.

SMOOTHIE RECIPE

AFRICAN TANGO

Serves: 1

- 1 tbsp of Baobab powder
- 1 cup almond milk
- 1 cup raspberries
- 1 banana

DIRECTIONS:

Place ingredients in a blender and blend until smooth. Pour into a glass and enjoy!

By Chris White
MRM Culinary Advisor

For more uses/recipes go to:
www.mrmnutrition.com/recipes

Contains NO added milk, egg, soy, peanut, tree nut, fish, shellfish, wheat, gluten or yeast ingredients.

Contains a non-toxic moisture absorber to maintain freshness. Do not eat. Store in a cool, dark, dry place.

This product is manufactured in a facility that processes other products that contain milk or egg.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

This product is packaged by weight, not volume. Settling of contents occurs over time and cannot be avoided.

Manufactured for MRM®
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Certified Organic by ECOCERT SA

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SUPERFOODS

BY **MRM** NUTRITION

ORGANIC BAOBAB POWDER



AFRICA'S "TREE OF LIFE"

NET WT. 8.5 OZ (240 G)