

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

Take 1 to 2 capsules 2 times daily or as directed by your healthcare professional.

Warning

If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net

[†]These statements have not been evaluated by the
Food and Drug Administration. This product is not
intended to diagnose, treat, cure or prevent any disease.

manufactured by
VITAL NUTRIENTS
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MIDDLETOWN, CT 06457 USA



VITAL
NUTRIENTS

Hormone Balance

DIETARY SUPPLEMENT
120 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 2 vegetarian capsules

Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin B6 (as pyridoxine HCl)	40mg	2353%
Folate (as L-5-MTHF)	340mcg DFE	85%
Vitamin B12 (as methylcobalamin)	200mcg	8333%
Magnesium (as magnesium citrate)	24mg	6%
Diindolylmethane (DIM)	100mg	*
Broccoli Sprout Powder (<i>Brassica oleracea</i>)	100mg	*
SDG (secoisolariciresinol diglycoside) from Flax Lignan Powder;	54mg	*
Curcumin (from <i>cucumin longal</i> L. rhizome extracts standardized to 85% total curcuminoids)	100mg	*
Green Tea Leaf Extract (80%) (from <i>Camellia sinensis</i> leaf standardized to not less than 80% total catechins and not less than 50% EGCG)	50mg	*
Rosemary Leaf Extract (<i>Rosmarinus officialis</i> standardized to 15% carnosic)	50mg	*
Black Pepper Extract (as from Black pepper (<i>piper nigrum</i>) fruit standardized to 90%)	2.5mg	*
Trans Resveratrol (as from <i>Polygonum cuspidatum</i> standardized to 50% Resveratrol)	10mg	*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule, Cellulose,
Ascorbyl Palmitate, and Silica

Contains: Gluten (from wheat, rye, or barley)