



NUTRITION

EGG WHITE PROTEIN

VANILLA FLAVOR



NET WT 0.90 OZ (33 G)

DIETARY SUPPLEMENT

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Suggested Usage: Add 1 packet per day to 12 oz of water or your favorite beverage and shake or blend well.

Supplement Facts

Serving Size 1 Packet (33 g)
1 Serving Per Packet

Amount Per Serving		% Daily Value*
Calories	120	
Total Fat	0.5 g	1%*
Saturated Fat	0 g	0%*
Trans Fat	0 g	†
Cholesterol	0 mg	0%*
Sodium	400 mg	18%
Total Carbohydrate	5 g	2%*
Dietary Fiber	0 g	0%*
Total Sugars	0 g	†
Includes 0g Added Sugars		0%*
Protein	23 g	†
Vitamin D	0 mcg	0%
Niacin	6.2 mg	40%
Calcium	60 mg	4%
Iron	0 mg	0%
Potassium	380 mg	8%

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Typical Amino Acid Profile Per 33 g Packet

Alanine	1410 mg
Arginine	1340 mg
Aspartic Acid	2330 mg
Cysteine	630 mg
Glutamic Acid	2970 mg
Glycine	790 mg
Histidine	530 mg
Isoleucine	1220 mg
Leucine	1940 mg
Lysine	1450 mg
Methionine	860 mg
Phenylalanine	1340 mg
Proline	880 mg
Serine	1570 mg
Threonine	1040 mg
Tryptophan	370 mg
Tyrosine	900 mg
Valine	1570 mg

Contains no added milk, soy, peanut, tree nut, fish, shellfish, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that processes other products that contain milk.

Ingredients: Instantized Egg Whites, Natural Vanilla Flavor, Sunflower Lecithin, Stevia Leaf Extract, Xanthan Gum, Monk Fruit Extract and Digest-ALL® Enzyme Blend (Protease 6.0, Protease 4.5, Peptidase, & Bromelain).

Contains egg.



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