

**Suggested Usage:** As a dietary supplement consume 1 serving per day before, during or after exercise.

**IMPROVES OVERALL MUSCLE PERFORMANCE\*\***

**INCREASES MUSCLE STRENGTH & ENDURANCE\*\***

**DELAYS FATIGUE DURING WORKOUTS\*\***

**\*\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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**MRM**

**NUTRITION**

# BETA-ALANINE

**BALANCE MUSCLE pH\*\***

**DIETARY SUPPLEMENT**

**NET WT 200 G (7.05 OZ)**

## Supplement Facts

Serving Size 1 Scoop (1.6 g)  
Servings Per Container 125

### Amount Per Serving

Beta-Alanine (CarnoSyn® Beta-Alanine)	1,600 mg*
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\*Daily Value not established.

**Other Ingredients:** None.

Contains no added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that processes other products that contain milk or egg.

This product is packaged by weight, not volume. Settling of contents occurs over time and cannot be avoided.

Manufactured for MRM®  
2665 Vista Pacific Dr. • Oceanside, CA 92056 USA  
www.mrmnutrition.com • 1-800-948-6296

Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

**WARNING:** This product contains Beta-Alanine in clinically safe and effective doses, which may result in a harmless "tingling" and/or "itchy" skin sensation. Not intended for use by persons under the age of 18. If you are pregnant or nursing or are taking any prescription medications, consult your health care professional before using this or any other dietary supplement product. Store in a cool, dry place and avoid excessive heat.

**CarnoSyn®**  
Carnosine Synthesizer