Suggested Usage: Add 3 scoops to 10-16 oz of water and shake or blend well.

SUPPORTS MUSCLE RECOVERY**

REDUCES FATIGUE & MUSCLE SORENESS**

HELPS PROMOTE LEAN BODY MASS**

PROVIDES INCREASES IN STRENGTH & POWER**

KETO & LOW CARB DIET FRIENDLY

** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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POST-WORKOUT RECOVERY

LEMONADE

NET WT 29.6 OZ (840 G)

DIETARY SUPPLEMENT

Supplement Facts

Serving size 3 Scoops (13.8 g) 60 Servings Per Container

A unt Day Conving		O/ Dail M.L.
Amount Per Serving		% Daily Value*
Calories	20	
Total Carbohydrate	5 g	2%*
Total Sugars	2 g	The state of the s
Includes 0g Added Sugars		0%*
Vitamin B6 (as pyridoxine hydrochlo	oride) 2 mg	118%
Sodium	95 mg	4%
L-Leucine (Fermented)	3,500 mg	t
L-Glutamine (Fermented)	2,000 mg	+
CarnoSyn® Beta-Alanine	1,600 mg	
L-Isoleucine (Fermented)	1,500 mg	t
L-Valine (Fermented)	1,000 mg	

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Natural Lemonade Flavor, Citric Acid, Stevia Leaf Extract, Pure Ocean® Sea Salt, Silicon Dioxide and Monk Fruit Extract.

Contains no added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredent

This product is manufactured in a facility that processes other products that contain milk or egg.

WARNING: Due to the beta-alanine content this product may cause a harmless tingling or flushing sensation.

Formulated by & Manufactured for: MRM 2665 Vista Pacific Dr. • Oceanside, CA 92056 USA www.mrm-usa.com • 1-800-948-6296

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