

Suggested Usage: Add 2 slightly rounded scoops to 10-16 oz of water and shake or blend well.

SUPPORTS MUSCLE RECOVERY**

REDUCES FATIGUE & MUSCLE SORENESS**

PROVIDES INCREASES IN STRENGTH & POWER**

KETO & LOW CARB DIET FRIENDLY

**** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured for MRM®
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NUTRITION

RELOADTM BCAA+G

POST-WORKOUT RECOVERY



ISLAND FUSION FLAVORED

NET WT 11.6 OZ (330 G)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Slightly Rounded Scoops (12.5g)
26 Servings Per Container

Amount Per Serving	% Daily Value*	
Calories	15	
Total Carbohydrate	4 g	1%*
Total Sugars	1 g	†
Includes 1g Added Sugars		2%*
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	120%
Sodium	70 mg	3%
L-Leucine (Fermented)	3,000 mg	†
L-Glutamine (Fermented)	2,000 mg	†
L-Isoleucine (Fermented)	1,000 mg	†
L-Valine (Fermented)	1,000 mg	†
CarnoSyn® Beta-Alanine	750 mg	†
Betaine Anhydrous	750 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Natural Island Fusion Flavor, Citric Acid, Stevia Leaf Extract, Pure Ocean® Sea Salt, Silicon Dioxide, Monk Fruit Extract and Red Beet Root Powder.

Contains no added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that processes other products that contain milk or egg.

WARNING: Due to the beta-alanine content this product may cause a harmless tingling or flushing sensation.



Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

This product is packaged by weight, not volume. Like many powdered food/supplement products the size of this container does not necessarily depict the actual amount of product within. Unavoidable and sometimes significant product settling may occur during shipping and handling.