

Suggested Use: As a dietary supplement, take one (1) capsule in the morning. A second dose can be taken after tolerance has been assessed. Do not exceed (2) capsules daily.



WARNING: Do not use if you are under 18 years of age. If you have any medical condition or you are currently using prescription medications, please consult your physician before taking this or any other dietary supplements. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



BEAUTY
INSIDE

60 VEGGIE CAPSULES

Alani

SELF

FAT BURNER CAPSULES

BOOST METABOLISM*

PROMOTES FAT LOSS*

ENERGY & FOCUS*

60 DAY SUPPLY

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving	%DV
Caffeine (Microencapsulated Extended Release)	50mg "
Coffee (Bean) Extract (Coffea arabica) (Standardized to 99% Caffeine)	50 mg "
Griffonia simplicifolia (Seed) Extract (Standardized to 98% 5-HTP)	50 mg "
Dimethylaminoethanol (DMAE) Bitartrate	50 mg "
Grains of Paradise (Seed) Extract (Alamomum melegueta) (Standardized to 12.5% 6-Paradol)	50 mg "
Rauwolfia vomitoria (Root Bark) Extract (Standardized to 90% Rauwolfosine)	125 mcg "

*Daily Value (DV) Not Established.

Other Ingredients: Hypromellose (Veggie Capsule), Cellulose, Extended Release Caffeine Coating (Hydrogenated Vegetable Oil, Monoglycerides), Silica, Vitamin c (as Ascorbyl Palmitate).

ALLERGEN WARNING: Processed in a facility that also processes products containing milk, eggs, soy, wheat, crustacean shellfish, fish oil, tree nuts, and peanuts.

Manufactured by:

Alani

Alani Nutrition LLC
Louisville, KY 40208

alaninu.com