

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

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Recommendations

Take 1 to 2 capsules 2 times daily with food or as directed by your healthcare professional.

Warning

If pregnant, consult your physician before taking.

EXCLUDES COATINGS, BINDERS, MILK/DAIRY (CASEIN, WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†], SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are independently tested by U.S. labs.
Learn more at vitalnutrients.net


VITAL
NUTRIENTS

Flax Lignan
SDG 156mg

DIETARY SUPPLEMENT
60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 2 vegetarian capsules

Servings Per Container: 30

	Amount Per Serving
Flax Lignan (Flaxseed Powder Extract) (as from <i>Linum usitatissimum</i> standardized to 40% Lignans secoisolariciresinol-diglucoside)	156mg*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule, Rice Powder, Calcium Carbonate, Ascorbyl Palmitate, and Silica.

Contains: Gluten (from wheat, rye, or barley)

manufactured by
VITAL NUTRIENTS
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