



Selenium

200 mcg • Yeast-Free

DIETARY SUPPLEMENT

✓ Prostate Health* ✓ Immune Support* ✓ Antioxidant*

60 Capsules | 60 Servings

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calcium (from dicalcium phosphate)	22 mg	2%
Selenium (from L-selenomethionine)	200 mcg	364%

Other Ingredients: Cellulose, beef gelatin capsule, magnesium stearate, silicon dioxide.

Directions: Adults: take one capsule daily **at mealtime**.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

POTENCY & QUALITY GUARANTEED

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Selenium is an essential trace mineral and an important component of glutathione peroxidase, an antioxidant that protects against free radical damage.* Muscle enzymes also use selenium to maintain normal mass and tone.*

Each capsule contains Selenium organically-bound with L-Methionine, an essential amino acid.

✓ **Gluten-free**

✓ **No Artificial Preservatives**



5280-2g