

Free of: milk, egg, fish, shellfish, tree nuts, wheat, peanuts and soybeans. **GLUTEN AND SOY FREE**

Caution: Before using any dietary supplement, pregnant or lactating women should consult with a physician or health professional.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. Keep bottle tightly closed. Store between 15°-30°C (59°-86°F).

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

To report a serious adverse event or to obtain product information contact 1-888-319-6299.

Health Thru Nutrition® is a registered trademark of EPIC.

Manufactured in a cGMP Certified U.S.A. Facility.

Manufactured for: Health Thru Nutrition
30 New York Avenue, Westbury, NY 11590
1-888-319-6299



HEALTH THRU
NUTRITION

HTN

Vitamin B-12

Sustained Release

Enteric Coated for Optimum Absorption*

DIETARY
SUPPLEMENT

60 TABLETS

1000 mcg

- Directions: Adults: take one (1) tablet daily before or after meals, or as directed by your healthcare professional.
1. Partially dissolve tablet in mouth.
 2. After the flavor is no longer perceptible, swallow the tablet with water.
 3. The Vitamin B12 will be released over an extended period.

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% Daily Value*
Vitamin B12 (cyanocobalamin)	1000 mcg	41,667%
Calcium (as calcium carbonate & sulfate)	50 mg	4%

* Percent of Daily Value for Adults and Children 4 or more years of age.

Other Ingredients: Sucrose, plant cellulose, mannitol, croscarmellose sodium, stearic acid, maltodextrin, vegetable magnesium stearate, beet juice powder, S.O. cherry flavor, modified food starch, sorbitol, fructose, mon ammonium glycyrrhizinate, pharmaceutical glaze, talc, gelatin, kaolin, titanium dioxide, beeswax and carnauba wax.

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