Carlson®

igen NON-GMO TESTED

iTQi Superior Taste AWARD

Wild Norwegian

Cod Liver Oil

1351-4a

1,100 mg Omega-3s
+ Vitamins A & D_3

FRESHNESS PURITY GUARANTEED & POTENCY

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Natural Lemon Flavor

DIETARY SUPPLEMENT

✔ Cardiovascular Function*
✔ Cognitive Health* ✔ Joint Support*

8.4 fl oz (250 mL)

Carlson®

The Finest Norwegian Cod Liver Oil

Supplement Facts

Serving Size 1 Teaspoon (5 mL)
Servings Per Container 50

	Amount Per Serving	% DV
Calories	40	
Total Fat	4.5 g	6%**
Saturated Fat	0.5 g	3%**
Cholesterol	15 mg	5%
Vitamin A (from cod liver oil and retinyl palmitate)	255 mcg RAE▲	28%
Vitamin D (from cod liver oil and cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as d-alpha tocopherol)	6.7 mg	45%
Norwegian Cod Liver Oil	4.6 g	†
Total Omega-3 Fatty Acids*	1,100 mg	†
DHA (Docosahexaenoic Acid)*	500 mg	†
EPA (Eicosapentaenoic Acid)*	370 mg	†
DPA (Docosapentaenoic Acid)*	50 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Natural lemon flavor, natural mixed tocopherols.
Contains fish (cod). ▲Vitamin A: 255 mcg RAE = 850 IU

Directions: Adults: take one teaspoonful daily **at mealtime**. Refrigerate after opening, and use within 100 days.

✔ Gluten-free ✔ No Artificial Preservatives

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

Manufactured & bottled in Norway for J. R. Carlson Laboratories, Inc.
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