

# Carlson



Wild Norwegian

# Cod Liver Oil

1,100 mg Omega-3s  
+ Vitamins A & D3



DIETARY SUPPLEMENT

✓ Cardiovascular Function\*  
✓ Cognitive Health\* ✓ Joint Support\*

8.4 fl oz (250 mL)

1321-4a



\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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The Finest Norwegian Cod Liver Oil

## Supplement Facts

Serving Size 1 Teaspoon (5 mL)  
Servings Per Container 50

	Amount Per Serving	% DV
Calories	40	
Total Fat	4.5 g	6%**
Saturated Fat	0.5 g	3%**
Cholesterol	15 mg	5%
Vitamin A (from cod liver oil and retinyl palmitate)	255 mcg RAE*	28%
Vitamin D (from cod liver oil and cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as d-alpha tocopherol)	6.7 mg	45%
Norwegian Cod Liver Oil	4.6 g	†
Total Omega-3 Fatty Acids*	1,100 mg	†
DHA (Docosahexaenoic Acid)*	500 mg	†
EPA (Eicosapentaenoic Acid)*	370 mg	†
DPA (Docosapentaenoic Acid)*	50 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value (DV) not established. \*Reported as triglycerides.

Other Ingredients: Natural mixed tocopherols. Contains fish (cod).

\*Vitamin A: 255 mcg RAE = 850 IU

**Directions:** Adults: take one teaspoonful daily **at mealttime**.  
Refrigerate after opening, and use within 100 days.

✓ **Gluten-free** ✓ **No Artificial Preservatives**

**PURITY GUARANTEED**

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCs international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

Made in Norway for J. R. Carlson Laboratories, Inc.  
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