

INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein and soy [isolated soy protein and fermented soy]), 100% pure crystalline fructose, natural flavors (vanilla, graham), ascorbic acid, spirulina, tapioca fiber, non-GMO xanthan gum, magnesium aminoate complex*, microcrystalline cellulose, d-alpha tocopheryl acetate, calcium carbonate, guar gum, psyllium, potassium aminoate complex*, calcium aminoate complex*, pyridoxine HCl**, thiamine HCl**, zinc aminoate complex*/picolinate, riboflavin**, maltodextrin, pantothenic acid**, beta carotene, choline bitartrate**, sunflower seed oil, niacinamide**, lemon bioflavonoid complex, iron aminoate complex*/ascorbate, rice bran, black currant, Korean ginseng, quercetin, inositol**, bromelain, papaya, manganese aminoate complex*, rutin, betaine HCl, selenium aminoate complex*, apple pectin, chlorophyll, biotin**, vitamin D3 (cholecalciferol from lichen), para-aminobenzoic acid**, vitamin K2 (menaquinone-4, menaquinone-7), hesperidin, Irish moss, thyme, astragalus, Echinacea angustifolia/purpurea, schisandra, ligustrum, amylase, lipase, octacosanol, molybdenum, methylcobalamin**, folate (as calcium-L-5-methyltetrahydrofolate), copper aminoate complex*, chromium aminoate complex*, potassium iodide, kelp...and LOVE ♥

*Aminoates are whole brown rice chelates. **Fortified with rice bran.

Source of Life Energy Shake is a highly concentrated, power-packed formula, supplying a perfect blend of complete protein, vitamins, minerals, bioflavonoids, enzymes, plant pigments, essential oils and herbs. This broad spectrum is synergistically fortified with whole food concentrates, bringing you the most powerful nutritional supplement ever developed. Combined with milk, juice or water, each delicious serving of **Source of Life Energy Shake** provides a **Guaranteed Burst of Energy**®.

Each serving of **Source of Life Energy Shake** also contains:

BIOFLAVONOIDS

Lemon Bioflavonoid Complex..... 60 mg
(Citrus spp. fruit and peel)
Quercetin (from *Dimorphandra mollis*)... 30 mg
Rutin (*Sophora japonica* flower bud)... 25 mg
Hesperidin (*Citrus sinensis* whole fruit)... 10 mg

ENZYMES

Papain (papaya)..... 30 mg
Betaine HCl..... 25 mg
Bromelain (pineapple)..... 20 mg
(2000 GDU/gram)
Apple Pectin..... 20 mg
Amylase..... 5 mg
(*Aspergillus oryzae* fermentation)
Lipase (*Rhizopus oryzae* fermentation)... 5 mg

LIPIDS

Black Currant Fruit..... 50 mg

Sunflower Seed Oil, supplying:

Linoleic Acid..... 54.1 mg
Oleic Acid..... 9.3 mg
Palmitic Acid..... 4.4 mg
Stearic Acid..... 2.2 mg

PLANT PIGMENTS

Chlorophyll..... 7.5 mg
Carotenoids..... 4 mg

HIGHLY ACTIVE NUTRIENT BASE

Spirulina..... 1000 mg
(rich in naturally occurring amino acids)
Korean Ginseng (*Panax ginseng* root)... 50 mg
Inositol..... 30 mg
PABA (para-aminobenzoic acid)..... 15 mg
Octacosanol..... 200 mcg

HERBAL BASE: Astragalus Root, Ligustrum Berry, Schisandra Fruit, Echinacea Root and Aerial, Irish Moss and Thyme Leaf.

DIRECTIONS: Add two measuring scoops (scoop included) to 8 fl. oz. of skim milk, whole milk, juice or water, and mix or shake until smooth.

For those who prefer their **Source of Life Energy Shake** less rich, mix with water or half water and half juice. If you prefer milk, use one scoop twice a day.

SUPERIOR TRI-PART PROTEIN BLEND: Rice, Pea, Soy
MIXES INSTANTLY. NO BLENDER REQUIRED.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.
SOLD BY WEIGHT, NOT VOLUME.



Source of Life Energy Shake is scientifically formulated with isolated soy protein from only non-genetically modified (non-GMO) soybeans — As Nature Intended.

25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of **Source of Life Energy Shake** supplies 6.25 grams of soy protein.



Source of Life is a registered trademark of Natural Organics, Inc. in the US and other countries.

Made with Vitashine™

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **NaturesPlus**
9500 New Horizons Blvd.
Amityville, New York 11701, USA
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PRODUCT NO. 30596



• **NATURAL DELICIOUS CREAMY GRANOLA FLAVOR.**

NaturesPlus®

Source of Life®
Vitamin, Mineral & Protein
Energy Shake
with Whole Food Concentrates

**Guaranteed
Burst of Energy®**



Vegetarian • Net Wt. 2.2 lbs. (1014 g)

Nutrition Facts

26 Servings per container

Serving size

2 Scoops (39g)

**Amount per
Serving**

**Source of Life
Shake**

**w/1 Cup
Skim Milk**

Calories

140 230

%Daily Value***

Total Fat 0g **0%** **0%**

Saturated Fat 0g **0%** **0%**

Trans Fat 0g

Cholesterol 0mg **0%** **0%**

Sodium 100mg **4%** **10%**

Total Carbohydrate 23g **8%** **13%**

Dietary Fiber 2g **7%** **7%**

Total Sugars 10g

Includes 10g Added Sugars **20%** **45%**

Protein 13g **26%** **44%**

Vitamin D3 (1000 IU) 25 mcg 125% 140%

Calcium 200 mg 15% 40%

Iron 4.5 mg 25% 26%

Potassium 65 mg 2% 10%

Vitamin A (10,000 IU) 3000 mcg RAE 330% 350%

Vitamin C 1000 mg 1110% 1110%

Vitamin E (200 IU) 134 mg 890% 890%

Vitamin K2 80 mcg 70% 70%

Thiamin 25 mg 2080% 2090%

Riboflavin 25 mg 1920% 1960%

Niacin 40 mg NE 250% 1480%

Vitamin B6 25 mg 1470% 170%

Folate 667 mcg DFE 170% 170%
(400 mcg folic acid)

Vitamin B12 1000 mcg 41,670% 41,710%

Biotin 105 mcg 350% 350%

Pantothenic Acid 60 mg 1200% 1220%

Iodine 150 mcg 100% 100%

Magnesium 100 mg 25% 30%

Zinc 15 mg 140% 150%

Selenium 24.5 mcg 45% 50%

Copper 0.5 mg 60% 60%

Manganese 4 mg 170% 170%

Chromium 18 mcg 50% 50%

Molybdenum 37.5 mcg 80% 80%

Choline 30 mg 5% 15%

***The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.