

CYMBIOTIKA®

PURE HYDRATION™

Advanced Electrolyte Drink Mix*

WATERMELON

LYCHEE

LEMON CITRUS



ENERGY*



RECOVERY*



ELECTROLYTES

DIETARY SUPPLEMENT

Net Wt. 5.9 oz (0.37 lbs) 168 g

21 Servings

(21 x 8 g Stick Packs)

CYMBIOTIKA

Suggested Use:

Mix 1 stick pack with 10-12 oz of cold water. Take daily for hydration and post-workout recovery. Store in a cool, dry place away from direct sunlight.



1 Stick Pack = 3x the electrolytes of most sports drinks

Sugar With Purpose

Glucose helps shuttle water and minerals across the intestinal barrier and into your bloodstream for faster rehydration.*

Our Commitment

No GMO's, No Gluten, No Soy, No Nuts, No Animal Products, No Gums, No Fillers, No Pesticides, No Grain, No Preservatives, No Artificial Colors, No Artificial Flavors, and No Artificial Sweeteners



SUPPLEMENT FACTS

Serving Size: 1 Stick Pack (8 g)
Servings Per Container: 21

	Watermelon		Lychee		Lemon Citrus	
	Amount Per Serving	%DV	Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	10		10		10	
Total Carbohydrate	3 g	1%*	3 g	1%*	3 g	1%*
Total Sugars	3 g	†	3 g	†	3 g	†
Includes 3 g Added Sugars	6%*		6%*		6%*	
Vitamin C (as PureWay-C®)	90 mg	100%	90 mg	100%	90 mg	100%
Riboflavin	1.3 mg	100%	1.3 mg	100%	1.3 mg	100%
Niacin (as niacinamide)	20 mg	125%	20 mg	125%	20 mg	125%
Vitamin B12 (as methylcobalamin)	4.8 mcg	200%	4.8 mcg	200%	4.8 mcg	200%
Calcium (as calcium bisglycinate)	26 mg	2%	26 mg	2%	26 mg	2%
Phosphorus (as potassium phosphate)	50 mg	4%	50 mg	4%	50 mg	4%
Magnesium (as magnesium glycinate)	12 mg	3%	12 mg	3%	12 mg	3%
Sodium (as sodium citrate, sea salt)	195 mg	8%	195 mg	8%	195 mg	8%
Potassium (as potassium chloride, potassium phosphate)	400 mg	9%	400 mg	9%	400 mg	9%
Bamboo Leaf Extract (70% silica)	800 mg	†	800 mg	†	800 mg	†
L-Tyrosine	150 mg	†	150 mg	†	150 mg	†
L-Leucine	150 mg	†	150 mg	†	150 mg	†
Taurine	150 mg	†	150 mg	†	150 mg	†
Alpha Ketoglutarate (as arginine alpha ketoglutarate)	150 mg	†	150 mg	†	150 mg	†
Citrulline Malate 2:1	100 mg	†	100 mg	†	100 mg	†
L-Glutamine	100 mg	†	100 mg	†	100 mg	†
L-Isolucine	75 mg	†	75 mg	†	75 mg	†
L-Valine	75 mg	†	75 mg	†	75 mg	†
Grape Seed Extract	20 mg	†	20 mg	†	20 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Consult your healthcare professional before taking any dietary supplements.

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Manufactured in the USA for Cymbiotika®, San Diego, CA 92121

Other Ingredients: Organic Cane Sugar, Malic Acid, Organic Watermelon Flavor, Organic Stevia Leaf Extract, Organic Beet Juice Powder (color).

Allergens: None.

Other Ingredients: Organic Cane Sugar, Malic Acid, Organic Lychee Flavor, Organic Stevia Leaf Extract.

Allergens: None.

Other Ingredients: Organic Cane Sugar, Malic Acid, Organic Lemon Citrus Flavor, Organic Stevia Leaf Extract, Organic Turmeric Root Extract (color).

Allergens: None.



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