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Manufactured by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

5-HTP capsules contain a natural source of L-5-Hydroxytryptophan extracted from the seeds of the Griffonia plant.

Suggested Usage: As a dietary supplement, adults take 1 to 2 capsules daily, or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

5HTP

5-HTP

A Dietary Supplement



100 Vegetarian Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 100

Amount Per Serving	%DV
L-5-Hydroxytryptophan	50 mg *

*Daily Value not established.

Other ingredients: Cellulose and vegetable stearate.