

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 180

Amount Per Serving		% DV
Caffeine Anhydrous	100mg	*
L-Theanine	100mg	*

* Daily Value (DV) not established.

Other ingredients: Rice flour, gelatin capsule, microcrystalline cellulose, magnesium stearate (vegetable source), silica.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

TRANSFORM **HQ**

CAFFEINE + L-THEANINE

2-IN-1 CAPSULES

100mg
CAFFEINE

100mg
L-THEANINE

180 CAPSULES | DIETARY SUPPLEMENTS

Suggested Use: Adults, as a dietary supplement, take one (1) capsule daily with 8-12 ounces of water.

Warning: Always consult a physician or other healthcare professional before starting any diet, exercise program, or dietary supplements. Do not use if you are pregnant or nursing, under 18 years of age, have any known or suspected medical conditions, anticipate surgery, and/or if you are taking any prescription or OTC medications. Keep out of reach of children. Store in a cool dry place. Do not use if safety seal is broken or missing. Do not exceed recommended dosage. Do not consume more than 400 mg of caffeine from any source in a 24 hour period. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasional rapid heart rates. In case of accidental overdose, seek professional assistance or contact a poison control center immediately.

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