

RECOMMENDATION:

Dosage cup included.
Shake well before each use.

For Daily Maintenance:

Adults: Take 2 teaspoons (tsp) (10 mL) daily. **Children 7 years of age and older:** Take 1 teaspoon (5 mL) daily.

For Intensive Use:

Adults: Take 2 teaspoons (10 mL) four times daily. **Children 7 years of age and older:** Take 1 teaspoon (5 mL) three times daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

◆ LG6971. B01 BLQ7603B

• Gluten Free • Vegan

CONTAINS NO:

Gluten, Dairy,
Peanut, or
Artificial Colors



sambucus®
ELDERBERRY



Not a Low-Calorie Food

SUGAR FREE SYRUP

MADE FROM 6,400 mg OF
ELDERBERRIES PER 2-TSP SERVING

DIETARY SUPPLEMENT
4 FL OZ (120 mL)

Supplement Facts

Serving Size	1 teaspoon (5 mL)	2 teaspoons (10 mL)
Servings per Container	24	12
Amount per Serving	Age 7+ % DV†	Adults % DV†
Calories	10	25
Total Carbohydrate	4 g 1%†	8 g 3%†
Total Sugars	0 g **	0 g **
Includes Added Sugars	0 g 0%†	0 g 0%†
Sugar Alcohol	4 g **	8 g **
Black Elder (Sambucus nigra L.) Extract (berry) standardized to anthocyanins from 3,200 mg of premium cultivar elderberries per teaspoon	50 mg **	100 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: sorbitol, purified water, glycerin, natural flavor, preservatives to maintain freshness (citric acid, potassium sorbate)

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Questions? 1-800-9NATURE / natureway.com

Nature's Way
sambucus®

**OUR STANDARDIZED
ELDERBERRY EXTRACT IS:**

- Gluten Free
- Vegan



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Gluten, Dairy, Peanut,
or Artificial Colors

**ABOUT
BLACK ELDERBERRY**

For centuries European black elderberries (Sambucus nigra L.) have been traditionally used for immune support during the winter months.* You can take elderberry extract daily for year-round traditional immune support.*

**PREMIUM
ELDERBERRIES**

Our highly concentrated (64x) elderberry extract is made from 3,200 mg of elderberries per teaspoon. Our black elderberry extract is standardized to anthocyanins, which provide antioxidant support.*

SUPERIOR QUALITY

Each elderberry is 100% hand-picked and harvested at just the right time. Berries are carefully inspected for quality and frozen on the same day they're picked to preserve them at their peak. We never use artificial colors — the proof is in the berry!

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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