

Gelatin Free • Made with Pectin • No Artificial Colors

Supplement Facts

Serving Size 2 Gummies
Servings per Container 15

Amount per Serving		% DV†
Calories	25	
Total Carbohydrate	6 g	2%†
Total Sugars	4 g	**
Includes 4 g Added Sugars		8%†
Vitamin C (ascorbic acid)	50 mg	56%
Zinc (as zinc citrate)	7.5 mg	68%
Sodium	15 mg	1%

Amount per Serving		% DV†
L-Theanine	100 mg	**
Black Elder (<i>Sambucus nigra</i> L.) Extract (berry standardized to antho- cyanins from 3,200 mg of premium cultivar elderberries	50 mg	**
Lemon Balm (leaf) Extract	10 mg	**
Passionflower (leaf, flower) Extract	10 mg	**
Melatonin	3 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: organic tapioca syrup, organic cane sugar, purified water, natural flavors, pectin, citric acid, sodium citrate, coconut oil, carnauba wax

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No gelatin, yeast-derived ingredients, wheat, soy, dairy, egg, peanut, or artificial colors.

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Questions? 1-800-9NATURE / naturesway.com



- Traditional herbal blend containing elderberry, lemon balm, and passionflower extracts.
- Melatonin for occasional sleeplessness.*
- Excellent source of Vitamin C and Zinc to support healthy immune function.*
- Our black elderberry extract is standardized to anthocyanins, which provide antioxidant support.*
- Great tasting!

RECOMMENDATION: Adults chew 2 gummies 30-60 minutes before bedtime. Not formulated for children. Take only as directed. Do not exceed recommended dose.

WARNING: Do not use if you are pregnant, attempting to become pregnant, nursing, or if you have or are being treated for depression or dementia. If you are being treated for diabetes, autoimmune, endocrine, blood clotting, or seizure disorders, or if you are taking any medications, consult a healthcare professional before use. This product may cause drowsiness, do not drive, or operate machinery while taking this product. Avoid alcohol and other sedatives while taking this product. If you are experiencing long-term sleep difficulties, consult a healthcare professional.



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BLK9215A

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



sambucus®
ELDERBERRY

SLEEP + IMMUNE*



GUMMIES

WITH MELATONIN & L-THEANINE

MADE FROM 3,200 mg OF ELDERBERRIES PER SERVING

DIETARY SUPPLEMENT

30 GUMMIES